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Dear.
Ian Astarina Mas'ud, Restu Auliani, Erba Kalto Manik, Yan Deivita, Yeni Aryani, Ani Laila

Thank you for submitting your best article to be published on **International Journal of Public Health Excellence (IJPHE)** with the title:

"Beyond BMI: The Synergistic Effect of Ultra-Processed Food Consumption and Sedentary Behavior on Gut Microbiota and Systemic Inflammation in Young Adults with Early Metabolic Syndrome – A Longitudinal Cohort Study."

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **International Journal of Public Health Excellence (IJPHE)** edition **Volume 5 Number 2 May 2026**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

No Reg : LOA20260424062359

Padangsidimpuan, 24 April 2026
Editor In Chief

The authenticity of the LOA can be checked by scanning the QR code on the side!

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Rahmah Juliani Siregar, M.K.M

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