



JOURNAL ARTICLE PUBLICATION STATEMENT

Letter Of Accepted (LoA)

Number : 442/IJPHE/Vol4/No2/2025

Dear.

Prima Dewi Kusumawati, Koesnadi, Fonnies Kuhu, Reni Nurhidayah, Yan Deivita

Thank you for submitting your best article to be published on **International Journal of Public Health Excellence (IJPHE)** with the title:

"The Efficacy of a Mobile Application-Based Cognitive Behavioral Therapy (CBT) in Reducing Anxiety and Depression Symptoms Among Young Adults in the Post-COVID-19 Pandemic: A Randomized Controlled Trial"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **International Journal of Public Health Excellence (IJPHE)** edition **Volume 4 Number 2 November 2025**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

No Reg : LOA20251012051445

Padangsidempuan, 12 October 2025
Editor In Chief



The authenticity of
the LOA can be
checked by scanning
the QR code on the
side!

LOA20251012051445



Rahmah Juliani Siregar, M.K.M

Publisher :

PT Inovasi Pratama Internasional

Cempaka Street 25, Ujung Padang, Padangsidempuan, 22725, North Sumatra, Indonesia

+6285664135209

info@ipinternasional.com