



JOURNAL ARTICLE PUBLICATION STATEMENT

Letter Of Accepted (LoA)

Number : 409/IJPHE/Vol5/No2/2025

Dear.

Amaliyah Hana Safitri, I Putu Gede Adiatmika, Wahyuddin

Thank you for submitting your best article to be published on **International Journal of Public Health Excellence (IJPHE)** with the title:

"The Effect of Proprioceptive Neuromuscular Facilitation and Nerve Glide Interventions on Hamstring Flexibility and Knee Extension Range of Motion in Female Recreational Runners in the Solo Runners Community"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **International Journal of Public Health Excellence (IJPHE)** edition **Volume 5 Number 2 September 2025**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

No Reg : LOA20250821082132

Padangsidimpuan, 21 August 2025
Editor In Chief



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side!

LOA20250821082132



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Publisher :

PT Inovasi Pratama Internasional

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