



**JOURNAL ARTICLE PUBLICATION STATEMENT**

**Letter Of Accepted (LoA)**

Number : 194/IJPHE/Vol4/No2/2025

Dear.

**Prima Dewi Kusumawati, Sofiyatul Anshorihyah, Delvy Mardvin Siokain, Fransisca Debby Christine Fernandez, Wa Ode Nurhidayati**

Thank you for submitting your best article to be published on **International Journal of Public Health Excellence (IJPHE)** with the title:

**"Assessing the Effectiveness of Mindfulness-Based Stress Reduction (MBSR) Programs in Reducing Anxiety and Depression in Chronic Illness Patients"**

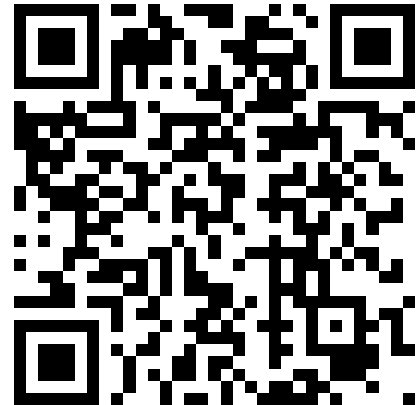
Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **International Journal of Public Health Excellence (IJPHE)** edition **Volume 4 Number 2 January 2025**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

**No Reg : LOA20241228085932**

Padangsidimpuan, 28 December  
2024

Editor In Chief



Rahmah Juliani Siregar, M.K.M



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