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## JOURNAL ARTICLE PUBLICATION STATEMENT

## *Letter Of Accepted (LoA)*

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Dear.
**Prima Dewi Kusumawati, Sofiyatul Anshoriyah, Delvy Mardvin Siokain, Fransisca Debby Christine Fernandez, Wa Ode Nurhidayati**

Thank you for submitting your best article to be published on **International Journal of Public Health Excellence (IJPHE)** with the title:

## "Assessing the Effectiveness of Mindfulness-Based Stress Reduction (MBSR) Programs in Reducing Anxiety and Depression in Chronic Illness Patients"

Based on the results of the review and the decision of the editorial team, the article is declared **ACCEPTED** for publication in the **International Journal of Public Health Excellence (IJPHE)** edition **Volume 4 Number 2 January 2025**.

Thus we submit this letter of information to be used as it should be, we express our gratitude.

**No Reg : LOA20241228085932**

Padangsidimpuan, 28 December 2024
Editor In Chief

The authenticity of the LOA can be checked by scanning the QR code on the side!

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Rahmah Juliani Siregar, M.K.M


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